

KINDERGARTEN CARE

PLAY



Discover



Explore



KINDERGARTEN CARE (KCARE)

KCare is provided to parents who require a full-day service for their child. KCare provides care services, and **time** and **space** for children to **play**, **explore** and **discover** through **specially designed environments** with **carefully chosen resources**.

KCare aims to provide opportunities for children to develop confidence in communicating with others, social skills, self-help skills and values such as responsibility, care and respect.



KEY FEATURES

Play

Exploration and discovery through play

Importance of play

Large blocks of time for indoor and outdoor play

Importance of continuous periods of time for play (e.g., 1 hour)

Opportunities for mixed-age play

Benefits of mixed-age play and interaction (K1 and K2)

Environment

Specially designed environment and carefully chosen resources

Importance of environment

Children's autonomy in deciding what and how to play within the created environment

Benefits of child-initiated play

PROGRAMME

Modular Activities provide opportunities for continuity of children's experiences in different areas of interest across a week. By entering **immersive environments** that excite them to **explore and discover through play**, children get to engage in **deeper** and **more complex** forms of play.

Modular Activities	Purpose
Art & Craft Tinkering	For children to imagine and create
Cookery	For children to develop independence and self-help skills
Music, Movement & Dramatisation	For children to develop confidence and communication skills
Gardening (outdoor) Sand & Water Play (outdoor)	For children to find out more about the world around them

THE KCARE EXPERIENCE

Modular Activities (Indoor)



Art & Craft



Cookery



**Music, Movement
& Dramatisation**



Tinkering

THE KCARE EXPERIENCE

Modular Activities (Outdoor)



PROGRAMME

Free Play provides opportunities for children to choose what and who they want to play with, and how they want to play. They take place in four areas that provide children with a range of play experiences that can inspire their **creativity and imagination**. Nurturing reading among the children is also important and **Dedicated Reading Time** is provided for children to be engaged in reading daily.

Indoor Free Play

Outdoor Free Play

Construction and
Manipulative
Free Play

Dramatic
Free Play

Outdoor
Free Play

Sand and
Water
Free Play



Dedicated Reading Time

KCARE ROUTINES AND ENVIRONMENT

Health Check Areas



KCARE ROUTINES AND ENVIRONMENT



KCARE ROUTINES AND ENVIRONMENT

Indoor Environment – Activity Rooms



KCARE ROUTINES AND ENVIRONMENT

Outdoor Environment

Specially designed Sand & Water play area and Sensory Garden for children to use their five senses to explore and find out about the world around them



A TYPICAL DAY

Sample Timetable (AM KCare)

Time (h)	Activity
7.00 – 8.00 am	Arrival and Health Check/Indoor Free Play
8.00 – 8.30 am	Breakfast
8.30 – 9.30 am	Modular Activities/Outdoor Free Play
9.30 – 10.30 am	Modular Activities/Indoor Free Play
10.30 – 10.45 am	15 minutes of Dedicated Reading Time
10.45 am – 1.00 pm	Rest/Nap, Wipe down, Lunch
1.00 – 5.00 pm	MOE Kindergarten
5.00 – 7.00 pm	Indoor/Outdoor Free Play Quiet Time and Dismissal

Note: KCare homerooms reside within MK. Both MK and KCare staff will work out an arrangement for the smooth handover of the children.

A TYPICAL DAY

Sample Timetable (PM KCare)

Time	Activity
7.00 am – 8.00 am	Arrival and Health Check/Indoor Free Play
8.00 am – 12.00 pm	MOE Kindergarten
12.00 pm – 12.30 pm	Arrival and Health Check
12.30 pm – 2.30 pm	Lunch, Wipe down, Rest/Nap
2.30 pm – 3.30 pm	Modular Activities/Indoor Free Play
3.30 pm – 3.45 pm	Afternoon Snack
3.45 pm – 4 pm	15 minutes of Dedicated Reading Time
4.00 pm – 5.00 pm	Modular Activities/Indoor/Outdoor Free Play
5.00 pm – 7.00 pm	Indoor/Outdoor Free Play Quiet Time and Dismissal

Note: KCare homerooms resides within MK. Both MK and KCare staff will work out an arrangement for the smooth handover of the children.

HOLIDAY PROGRAMME

Sample Timetable for KCare

Time	Activity
7.00 am – 8.00 am	Arrival and Health Check
8.00 am – 9.00 am	Breakfast/Dedicated Reading Time (15 min)
9.00 am – 12.00 pm	Neighbourhood walk or field trip
12.00 pm – 1.30 pm	Group 1: Lunch; Group 2: Wipe down/Indoor Free Play/Dedicated Reading Time (15 min) (Swop the groups)
1.30 pm – 3.00 pm	Quiet Time (including nap), Afternoon Snack
3.00 pm – 5.00 pm	Modular Activities Indoor and/or *Outdoor Free Play
5.00 pm – 7.00 pm	Indoor and Outdoor Free Play Quiet Time and Dismissal

*Outdoor activities can only be conducted before 10.30am and after 3.30pm

SAMPLE BREAKFAST/TEA BREAK MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Cereals with milk	Wholemeal bread w/ Blueberry Jam	Banana Cake	Biscuit	Honey Cake
Week 2	Cereals with milk	White bread w/ Strawberry Jam	Cheese Cake	Butter Bun	Pandan Cake
Week 3	Cereals with milk	Wholemeal bread w/ Blueberry Jam	Biscuit	Vanilla Bun	Honey Cake
Week 4	Cereals with milk	White bread w/ Strawberry Jam	Banana Cake	Biscuit	Pandan Cake
Week 5	Cereals with milk	Wholemeal bread w/ Blueberry Jam	Mini Muffin	Butter Bun	Honey Cake



SAMPLE LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Steamed Rice	Spaghetti in Cream Sauce	White Bee Hoon	Macaroni in Soup	Stir Fried Thick Bee Hoon
Chicken Char Siew	Minced Chicken	Steamed Siew Mai	Chicken Fillet	Black Sauce Fish
Vermicelli Long Cabbage	Button Mushroom and Carrot	Cabbage in Superior Sauce	Stir Fried Spinach	Cabbage with Mushroom
Carrot Soup	Cabbage Soup	Corn Soup	Chicken Soup with Tofu	Chinese Cabbage Soup
Apple	Banana	Pear	Honey Dew	Watermelon



SCHEDULE FOR FIRST 2 DAYS OF SCHOOL

For K1 children enrolled in MK (A.M. session):

Time	Programme
8.30 am - 10.00 am	MK
10.00 am - 11.30 am	KCare

For K1 children enrolled in MK (P.M. session):

Time	Programme
1.30 pm - 3.00 pm	MK
3.00 pm - 4.30 pm	KCare

KCARE FEE

Monthly fee for KCare in 2024

Singapore Citizen	Singapore Permanent Resident
Up to \$203.50 (Fee shown above is after \$150 basic subsidy)	Up to \$353

KCARE FEE – SUBSIDIES TIER

Subsidies are provided by MOE in 2 tiers:

- Basic Subsidy: All SC children are eligible for and automatically given a Basic Subsidy of \$150 per month.
- Additional Subsidy (**applicable only if KiFAS application is successful**): Tiered according to income for SC children provided they meet the following criteria:
 - a) The mother/single father of the SC child is working at least 56 hours a month; and
 - b) The family's total monthly HHI is no higher than \$12,000 or the PCI is no higher than \$3,000. Note that MOE will take reference from the approved ECDA KIFAS for this assessment.

Note: The child must attend at least 1 day of KCare to qualify for the monthly subsidies.

KCARE SUBSIDY ELIGIBILITY CHECKER

You may use the KCare Eligibility Calculator on the MOE Internet to check whether your child is eligible for the additional KCare subsidy:

<https://moe.gov.sg/preschool/moe-kindergarten/kindergarten-care>

KCare subsidy eligibility checker (applicable for SC child only)

An additional subsidy is also provided and this is tiered according to income levels. Enter the details to check whether your child is eligible for the additional subsidy:



My monthly household income is

\$



There are people in my household.

I am a working mother or single father of my child.

Select... ▼

SHOW ME MY OPTIONS

COMMUNICATION

We encourage and appreciate frequent communication between the KCare operator and parents.

We can be reached at:

Email: **KCASN@rafflesstudentcare.com**

Telephone: Will be provided in December

Operating Hours: Monday to Friday 7am to 7pm, including school holidays
(Closed on Saturdays, Sundays, Public Holidays and up to 6 additional days each year)

THANK YOU!

